

Rigoberta Menchú Tum dedicated her life to promoting the rights of indigenous people in Guatemala and internationally. She won the Nobel Peace Prize for her work.

Frida Kahlo became an artist due to a bus accident at the age of 18 that stopped her going to medical school. She became the first Mexican artist to have work displayed and she became an icon for the feminist and LGBT+ movements.

Carmen Rosa founded the Indigenous Wrestling Foundation allowing indigenous women in Bolivia some respite from the domestic violence they experienced at home, the norm in many households in the country.



Her foundation meant that these wrestlers would not be taken advantage of when it came to pay for performances and allowed them to promote the strength, passion and determination of indigenous Bolivian women.

Eva Perón was the first lady of Argentina who used her platform to support the feminist movement, eventually securing the right to vote for Argentine women.

She worked tirelessly for charity until her death and was loved by the people of Argentina. The musical "Evita" was based on her life.



Ellen Ochoa was born in LA to a Mexican father. She is an engineer and astronaut and became the first Hispanic woman in space when she served a 9-day mission onboard the shuttle discovery in 1993.

Sonia Sotomayor was born in New York to Puerto Rican parents. She was the first Hispanic woman nominated to the United States Supreme Court in 2009 when she was nominated by Barack Obama.

Berta Cáceres was an indigenous leader and activist in Honduras. She was also an environmental campaigner, winning the Goldman environmental prize for stopping a dam being built that would have destroyed indigenous ways of life.

She was assassinated for her work in 2016.



Rita Moreno is a Puerto Rican actress, dancer and singer. She appeared in famous musicals such as "Singin' in the Rain", "West Side Story" and "The King and I".

She is one of a very small number of people who have won an Emmy, award a Grammy award, an Oscar and a Tony award.